# Wilkins-Chalgren Agar • Anaerobe Broth MIC

#### **Intended Use**

Wilkins-Chalgren Agar is used for susceptibility testing of anaerobes and for isolating and cultivating anaerobes.

Anaerobe Broth MIC is used for susceptibility testing of anaerobes by the broth dilution technique.

# **Summary and Explanation**

Wilkins-Chalgren Agar was designed by Wilkins and Chalgren¹ for use in determining the minimal inhibitory concentration (MIC) of antibiotics for anaerobic bacteria by the agar dilution procedure. This medium was recommended in the protocol used in the CLSI Methods for Antimicrobial Susceptibility Testing of Anaerobic Bacteria.² More recently, Wilkins-Chalgren Agar has been replaced by Brucella Agar supplemented with laked sheep blood, hemin and vitamin K₁ as the recommended reference medium ³

Anaerobe Broth MIC is a modification of the formula described by Wilkins and Chalgren.<sup>1</sup> In Anaerobe Broth MIC the agar has been omitted.

The preferred medium for agar dilution tests with anaerobes is Wilkins-Chalgren Agar or Brucella Agar. For broth microdilution tests Anaerobe Broth MIC has been used successfully. Supplements must be added to these media to support the growth of certain fastidious anaerobes, including *Bacteroides gracilis*, *Bilophila wadsworthia*, *Prevotella* species, *Fusobacterium* species and anaerobic cocci. Defibrinated sheep blood, 5% or lysed sheep blood is an adequate supplement for many fastidious anaerobic organisms.

# **Principles of the Procedure**

Peptones provide the nitrogen and amino acids in Wilkins-Chalgren Agar and Anaerobe Broth MIC. Yeast extract is the vitamin source in the media formulations. Dextrose is the carbon source, and sodium chloride maintains the osmotic balance of the media. L-arginine and sodium pyruvate are added to provide the proper environment for anaerobic growth. Hemin and vitamin  $K_1$  are growth factors. Agar is the solidifying agent in Wilkins-Chalgren Agar.

# **User Quality Control**

### **Identity Specifications**

#### Difco™ Wilkins-Chalgren Agar

Dehydrated Appearance: Light beige, free-flowing, homogeneous.

Solution: 4.8% solution, soluble in purified water upon boiling. Solution is light to medium amber, very

slightly to slightly opalescent.

Prepared Appearance: Light to medium amber, slightly opalescent.

Reaction of 4.8%

Solution at 25°C: pH 7.1  $\pm$  0.1

### Difco™ Anaerobe Broth MIC

Dehydrated Appearance: Light beige, free-flowing, homogeneous.

Solution: 3.3% solution, soluble in purified water upon

warming. Solution is light amber, clear, may

have a slight precipitate.

Prepared Appearance: Light amber, clear, may have a slight precipi-

tate.

Reaction of 3.3%

Solution at 25°C: pH 7.1  $\pm$  0.1

#### Cultural Response

#### Difco™ Wilkins-Chalgren Agar

Prepare the medium per label directions. Inoculate and incubate at  $35 \pm 2^{\circ}$ C under anaerobic conditions for 40-48 hours.

ORGANISM	ATCC™	INOCULUM CFU	RECOVERY
Bacteroides fragilis*	25285	$10^2 - 10^3$	Good
Bacteroides thetaiotaomicron*	29741	10 <sup>2</sup> -10 <sup>3</sup>	Good
Clostridium perfringens	13124	10 <sup>2</sup> -10 <sup>3</sup>	Good
Eubacterium lentum	43055	10 <sup>2</sup> -10 <sup>3</sup>	Good

Minimal Inhibitory Concentration (MIC) Assay: Prepare plates and inoculate as described by CLSI.<sup>3</sup> Test organisms marked (\*) and compare the MIC (lowest concentration of antimicrobial that inhibits growth of the test bacterium) of the antimicrobials tested to the CLSI standard.<sup>3</sup>

#### Difco™ Anaerobe Broth MIC

Prepare the medium per label directions. Inoculate and incubate at  $35 \pm 2^{\circ}$ C under anaerobic conditions for 18-48 hours.

ORGANISM	ATCC™	INOCULUM CFU	RECOVERY
Bacteroides fragilis*	25285	$10^2 - 3 \times 10^2$	Good
Bacteroides thetaiotaomicron*	29741	$10^2 - 3 \times 10^2$	Good
Eubacterium lentum	43055	$10^2 - 3 \times 10^2$	Good

Minimal Inhibitory Concentration (MIC) Assay: Prepare broth microdilution trays and inoculate as described by CLSI.<sup>3</sup> Test organisms marked (\*) and compare the MIC (lowest concentration of antimicrobial that inhibits growth of the test bacterium) of the antimicrobials tested to the CLSI standard.<sup>3</sup>



#### **Formulae**

## Difco™ Wilkins-Chalgren Agar

Approximate Formula* Per Liter	
Pancreatic Digest of Casein	g
Peptone 10.0	g
Yeast Extract	g
Dextrose	g
Sodium Chloride	g
L-Arginine	g
Sodium Pyruvate	g
Hemin	mg
Vitamin K,	mg
Agar 15.0	a

#### **Difco™ Anaerobe Broth MIC**

Consists of the same ingredients without the agar.

\*Adjusted and/or supplemented as required to meet performance criteria.

# **Directions for Preparation from Dehydrated Product**

- 1. Suspend the powder in 1 L of purified water: Difco™ Wilkins-Chalgren Agar – 48 g; Difco<sup>™</sup> Anaerobe Broth MIC – 33 g. Mix thoroughly.
- 2. Heat with frequent agitation and boil for 1 minute to completely dissolve the powder.
- 3. Autoclave at 121°C for 15 minutes.
- 4. Test samples of the finished product for performance using stable, typical control cultures.

#### **Procedure**

For a complete discussion on susceptibility testing of anaerobic bacteria refer to appropriate procedures outlined in the references.2-5

# **Expected Results**

Refer to appropriate references for acceptable ranges.

## **Limitation of the Procedure**

Anaerobe Broth MIC is supplemented to a final concentration of 0.5 µg per mL of vitamin K, and 5.0 µg of hemin per mL. CLSI changed their recommendations to include use of broth with a final concentration of 1 μg of vitamin K<sub>1</sub> per mL.<sup>2</sup> To follow CLSI recommendations, the concentration of vitamin K<sub>1</sub> should be increased accordingly. A final concentration of 0.5 μg of vitamin K, per mL is sufficient, but some fastidious anaerobes may need a higher concentration of vitamin K<sub>1</sub>.<sup>5</sup>

### References

- Wilkins and Chalgren. 1976. Antimicrob. Agents Chemother. 10:926.
  Clinical and Laboratory Standards Institute. 1993. Methods for antimicrobial susceptibility testing of anaerobic bacteria. Approved standard M11-A3. CLSI, Wayne, Pa.
  Clinical and Laboratory Standards Institute. 2001. Methods for antimicrobial susceptibility testing of anaerobic bacteria. Approved standard M11-A5. CLSI, Wayne, Pa.
  Wexler and Doern. 1995. In Murray, Baron, Pfaller, Tenover and Yolken (ed.). Manual of clinical microbiology, 6th ed. American Society for Microbiology, Washington, D.C.
- Isenberg (ed.). 1995. Clinical microbiology procedures handbook, vol 1. American Society for Microbiology, Washington, D.C.

# **Availability**

Difco™ Wilkins-Chalgren Agar

Cat. No. 218051 Dehydrated - 500 g

Difco™ Anaerobe Broth MIC

Cat. No. 218151 Dehydrated - 500 g

