

Food Item	Serving	Weight (g)	Calories	Carbs (g)	Fiber (g)	Protein (g)	Fat (g)	% Cals from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)
Pizza												
Classic Hand Tossed Cheese Pizza, 12 inch (Medium)	Quarter of pizza	176	420	60	2	18	16	34	6	0	20	670
Classic Hand Tossed Cheese Pizza, 14 inch (Large)	Quarter of pizza	242	580	84	6	24	18	28	7	0	10	940
Classic Hand Tossed Pepperoni Pizza, 12 inch (Medium)	Quarter of pizza	192	500	60	2	22	23	41	8	0	30	950
Classic Hand Tossed Pepperoni Pizza, 14 inch (Large)	Quarter of pizza	264	680	84	6	28	27	36	10	0	30	1320
Crunchy Thin Crust Cheese Pizza, 12 inch (Medium)	Quarter of pizza	110	260	28	2	10	17	59	5	0	20	480
Crunchy Thin Crust Cheese Pizza, 14 inch (Large)	Quarter of pizza	152	360	40	4	14	19	48	6	0	10	680
Crunchy Thin Crust Pepperoni Pizza, 12 inch (Medium)	Quarter of pizza	126	340	28	2	14	24	64	7	0	30	760
Crunchy Thin Crust Pepperoni Pizza, 14 inch (Large)	Quarter of pizza	174	460	40	4	18	28	55	9	0	30	1060
Ultimate Deep Dish Cheese Pizza, 12 inch (Medium)	Quarter of pizza	188	450	54	6	16	24	48	7	0	20	1050
Ultimate Deep Dish Cheese Pizza, 14 inch (Large)	Quarter of pizza	272	640	80	10	22	28	39	10	0	30	1480
Ultimate Deep Dish Pepperoni Pizza, 12 inch (Medium)	Quarter of pizza	204	530	54	6	20	31	53	9	0	30	1330
Ultimate Deep Dish Pepperoni Pizza, 14 inch (Large)	Quarter of pizza	294	740	80	10	26	37	45	13	0	50	1860
Sides												
Domino's Breadsticks	1 piece	33	130	14	1	3	7	48	1.5	0	0	90
Domino's Buffalo Wings, Barbeque	1 avg. piece	43	88	2	0	9	4.5	46	1.5	0	50	0
Domino's Buffalo Wings, Hot Wings	1 avg. piece	43	85	2	0	9	4.5	48	1.5	0	50	250
Cheesy Bread	1 piece	38	140	14	1	4	7	45	2.3	0	5	140
Cinna Stix	1 piece	35	140	17	1	3	7	45	1.5	0	0	80
Marinara Dipping Sauce	1 pack	57	25	5	1	1	0	0	0	0	0	260
Garlic Dipping Sauce	1 pack	50	450	0	0	0	50	100	10	7	0	390
Sweet Icing Dipping Sauce	1 pack	71	250	57	0	0	3	11	2.5	0	0	0
Hot Dipping Sauce	1 pack	43	120	3	0	0	12	90	2	0	0	790

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Sides												
Blue Cheese Dipping Sauce	1 pack	43	230	2	0	2	24	94	5	0	30	450
Ranch Dipping Sauce	1 pack	43	200	2	0	1	21	95	3	0	10	420