

Food Item	Serving	Weight (g)	Calories	Carbs (g)	Fiber (g)	Protein (g)	Fat (g)	% Cals from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)
12" Med. Hand-Tossed Pizza (1 slice = 1/8 pizza)												
Cheese	1 slice	99	230	28	1	11	8	38	4	0	25	650
Ham	1 slice	98	210	27	1	11	6	26	3	0	25	730
Pepperoni	1 slice	97	240	27	1	12	9	34	4	0	25	720
Meat Lover's®	1 slice	130	330	28	2	17	17	48	7	0	45	1080
Veggie Lover's®	1 slice	116	210	29	2	10	6	33	3	0	15	620
Pepperoni Lover's®	1 slice	112	290	28	1	15	13	40	6	0	40	890
Supreme	1 slice	123	260	29	2	13	11	40	5	0	30	810
Super Supreme	1 slice	135	280	29	2	14	13	43	5	0	35	950
12" Med. Hand-Tossed Pizza (1 slice = 1/8 pizza)												
Chicken Supreme	1 slice	119	230	28	1	13	7	27	3	0	30	670
12" Med. Thin 'n Crispy Pizza (1 slice = 1/8 pizza)												
Cheese	1 slice	79	200	21	1	10	8	41	4.5	0	25	570
Ham	1 slice	78	180	21	1	9	7	37	3	0	25	650
Pepperoni	1 slice	77	210	21	1	10	10	43	4.5	0	25	640
Meat Lover's®	1 slice	111	310	22	1	15	18	55	7	.5	45	1010
Veggie Lover's®	1 slice	101	180	23	1	8	7	33	3	0	15	550
Pepperoni Lover's®	1 slice	92	260	22	1	13	14	47	6	0	40	810
Supreme	1 slice	106	230	22	1	11	11	43	5	0	30	730
Super Supreme	1 slice	117	250	23	1	12	13	47	5	0	35	860
Chicken Supreme	1 slice	102	200	22	1	11	7	32	3.5	0	30	590
12" Med. Pan Pizza (1 slice = 1/8 pizza)												
Cheese	1 slice	104	270	27	1	11	13	43	5	0	25	570
Ham	1 slice	103	250	27	1	11	11	42	4	0	25	650
Pepperoni	1 slice	102	280	27	1	12	14	45	5	0	25	640
Meat Lover's®	1 slice	135	390	28	2	17	22	53	8	0	45	990
Veggie Lover's®	1 slice	119	250	28	2	10	11	40	4	0	15	530
Pepperoni Lover's®	1 slice	118	330	28	1	15	18	49	7	0	40	800
Supreme	1 slice	127	310	28	2	13	16	48	6	0	30	720
Super Supreme	1 slice	138	330	29	2	14	17	48	6	0	35	850
Chicken Supreme	1 slice	123	270	28	1	13	12	40	4	0	30	580
14" Large Pan Pizza (1 slice = 1/12 pizza)												
Cheese	1 slice	97	260	25	1	11	13	45	5	0	25	530
Ham	1 slice	96	240	25	1	11	11	41	4	0	20	610
Pepperoni	1 slice	95	270	25	1	11	14	47	5	0	25	600
Sausage Lover's®	1 slice	121	340	26	2	14	20	53	7	0	35	770
Meat Lover's®	1 slice	127	350	26	1	16	21	54	7	0	45	930
Veggie Lover's®	1 slice	109	240	26	1	9	11	41	3.5	0	15	490
Pepperoni Lover's®	1 slice	111	320	25	1	14	18	51	7	0	40	770
Supreme	1 slice	117	290	26	2	12	15	47	5	0	30	680

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14" Large Pan Pizza (1 slice = 1/12 pizza)												
Super Supreme	1 slice	127	310	26	2	13	17	49	6	0	35	800
Chicken Supreme	1 slice	113	250	26	1	12	11	40	4	0	25	540
14" Large Stuffed Crust Pizza (1 slice = 1/12 pizza)												
Cheese	1 slice	147	350	40	2	17	13	33	7	0	40	1060
Ham	1 slice	151	340	40	2	18	12	35	6	0	40	1220
Pepperoni	1 slice	149	380	40	2	18	16	40	8	0	50	1210
Meat Lover's®	1 slice	196	500	41	2	25	27	48	11	.5	75	1700
Veggie Lover's®	1 slice	170	330	41	2	15	11	30	6	0	35	1040
Pepperoni Lover's®	1 slice	167	440	41	2	22	21	45	10	.5	65	1420
Supreme	1 slice	182	410	42	2	20	18	44	8	.5	50	1330
Super Supreme	1 slice	197	430	42	2	22	20	46	9	.5	60	1510
Chicken Supreme	1 slice	176	350	41	2	20	12	33	6	0	50	1120
14" Large Thin 'N Crispy Pizza (1 slice = 1/12 pizza)												
Cheese	1 slice	74	190	20	1	9	8	38	4	0	25	540
Ham	1 slice	73	170	19	1	9	6	32	3	0	20	620
Pepperoni	1 slice	72	200	19	1	9	9	41	4	0	25	610
Sausage Lover's®	1 slice	98	270	21	1	12	15	50	6	0	35	780
Meat Lover's®	1 slice	105	290	20	1	14	17	53	7	0	45	950
Veggie Lover's®	1 slice	94	170	21	1	8	6	32	3	0	15	510
Pepperoni Lover's®	1 slice	88	250	20	1	12	13	47	6	0	40	780
Supreme	1 slice	88	220	21	1	11	11	45	4.5	0	30	690
Super Supreme	1 slice	110	240	21	1	12	12	45	5	0	35	820
Chicken Supreme	1 slice	95	190	21	1	10	7	33	3	0	25	550
14" Large Hand-Tossed Pizza (1 slice = 1/12 pizza)												
Cheese	1 slice	92	220	25	1	11	8	33	4	0	25	610
Ham	1 slice	91	200	25	1	11	6	27	3	0	20	690
Pepperoni	1 slice	90	230	25	1	11	9	35	4	0	25	680
Sausage Lover's®	1 slice	116	290	26	2	14	15	47	6	0	35	850
Meat Lover's®	1 slice	122	310	26	1	16	16	46	7	0	45	1010
Veggie Lover's®	1 slice	106	190	26	2	9	6	28	3	0	15	570
Pepperoni Lover's®	1 slice	106	280	26	1	14	13	42	6	0	40	850
Supreme	1 slice	113	250	26	2	12	11	40	4.5	0	30	760
Super Supreme	1 slice	124	270	27	2	13	12	40	5	0	35	880
Chicken Supreme	1 slice	109	210	26	1	12	7	30	3	0	25	620
XL Full House Pizza™ (1 slice = 1/12)												
Cheese	1 slice	114	280	30	2	12	12	39	5	0	30	690
Pepperoni	1 slice	111	280	30	2	12	13	42	5	0	30	750
Ham	1 slice	112	260	30	2	12	10	35	4	0	25	760

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XL Full House Pizza™ (1 slice = 1/12)												
Supreme	1 slice	139	310	31	2	13	14	41	6	0	30	830
Super Supreme	1 slice	151	330	32	2	15	16	44	6	0	35	960
Chicken Supreme	1 slice	135	270	31	2	13	10	33	4	0	30	690
Meat Lover's®	1 slice	143	370	31	2	17	20	49	8	0	45	1090
Veggie Lover's®	1 slice	135	260	31	2	10	10	35	4	0	20	650
Pepperoni Lover's®	1 slice	128	340	30	2	15	17	45	7	0	45	930
Sausage Lover's®	1 slice	137	350	31	2	15	19	49	7	0	40	920
6" Personal Pan Pizza (whole pizza)												
Cheese	1 each	249	620	69	3	28	26	38	11	.5	60	1370
Pepperoni	1 each	245	640	67	3	28	29	41	11	.5	65	1530
Ham	1 each	246	570	67	3	27	22	35	9	0	55	1560
Supreme	1 each	303	710	70	4	32	34	43	13	1	70	1800
Super Supreme	1 each	325	750	71	4	34	37	44	14	1	85	2060
Chicken Supreme	1 each	292	610	70	3	31	23	34	9	0	70	1430
Meat Lover's®	1 each	333	890	70	4	41	49	50	18	1	115	2460
Veggie Lover's®	1 each	275	560	70	4	24	22	35	8	0	40	1250
Pepperoni Lover's®	1 each	282	770	69	3	35	39	46	16	1	95	1940
Sausage Lover's®	1 each	323	850	71	5	37	47	33	17	1	100	2090
14" Fit n' Delicious Pizza™ (1 slice = 1/8 pizza)												
Diced Chicken, Red Onion & Green Pepper	1 slice	105	170	23	1	9	5	26	2	0	20	520
Diced Chicken, Mushrooms & Jalapeno	1 slice	103	170	22	1	9	5	26	2	0	20	730
Ham, Red Onion & Mushrooms	1 slice	99	160	23	1	8	4.5	25	2	0	15	580
Ham, Pineapple & Diced Red Tomato	1 slice	99	160	23	1	8	4.5	25	2	0	15	580
14" Fit n' Delicious Pizza™ (1 slice = 1/8 pizza)												
Green Pepper, Red Onion & Diced Red Tomato	1 slice	104	150	23	1	6	4	24	1.5	0	10	420
Diced Red Tomato, Mushroom & Jalapeno	1 slice	102	150	22	1	6	4	24	1.5	0	10	630
12" Fit n' Delicious Pizza™ (1 slice = 1/8 pizza)												
Diced Chicken, Red Onion & Green Pepper	1 slice	97	160	21	1	8	4.5	25	2	0	20	480
Diced Chicken, Mushrooms & Jalapeno	1 slice	95	160	20	1	9	5	28	2	0	20	680

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12" Fit n' Delicious Pizza™ (1 slice = 1/8 pizza)													
Ham, Red Onion & Mushrooms	1 slice	92	150	21	1		8	4.5	27	2	0	15	550
Ham, Pineappple & Diced Red Tomato	1 slice	92	150	22	1		7	4.5	27	2	0	15	550
Green Pepper, Red Onion & Diced Red Tomato	1 slice	96	140	22	1		6	4	26	1.5	0	10	390
Diced Red Tomato, Mushroom & Jalapeno	1 slice	94	140	21	1		6	4	26	1.5	0	10	580