Patient Guide

and

Per-Q-Cath® plus

Catheters
Introduction

This Patient Guide will help you better understand your silicone RadPicc or Per-Q-Cath Plus catheter. However, it is only a guide and should be used together with your IV nurse and/or doctor’s directions.

If you need to go to a hospital or to a doctor other than your primary doctor, please take this booklet with you. It will help the doctor and nurses care for you and your catheter in the best way possible.

The catheter is normally put in one of the veins in the upper arm or near the bend of the elbow. It may be put in either arm.

You may feel the initial needle stick from the special needle used to help insert the catheter, but you shouldn’t feel anything while the catheter tubing is being placed in the vein.

Please talk to your doctor or nurse about how your silicone RadPicc or Per-Q-Cath Plus catheter may change your daily activities.

Catheters are made of two kinds of materials: silicone or polyurethane. The RadPicc or Per-Q-Cath Plus catheter that your doctor has given you is made of silicone.
Your bandage has two important jobs.

1. It provides a germ-free (sterile) environment for the catheter.
2. It helps keep the catheter from moving or breaking.

A sterile bandage will hold your catheter in place. Your nurse may call the bandage a moisture-vapor permeable, non-occlusive dressing. It is important to keep this bandage dry and intact.

If you or your family have been told how to change the bandages, please follow the instructions carefully. Properly changing your bandage using germ-free (sterile) methods will help reduce the chance of catheter problems.

When cleaning around your catheter:

**DO:**
- Follow all instructions you are given by your hospital or home health facility.
- Use povidone iodine and alcohol to clean around the catheter.
- Allow all cleaning materials and antiseptics to dry completely before putting on a clean sterile bandage.

**Note:** If you are allergic to iodine, consult your doctor or nurse for some other solution to clean your insertion site.

**Important**

- Never use anything sharp near the catheter, such as scissors.
- Be sure the catheter does not move in or out of its place in your arm.
- If your bandage becomes loose, dirty, wet, or if blood can be seen through the bandage, change it right away. See drawings.
- Your catheter should always be held in place as shown.
This method will keep the catheter from pulling and helps spread the tension across the surface of the bandage.

1. Place a strip of tape over the wings or bifurcation as an anchor.

2. Cover the area and strip of tape with a clear, large square bandage. Be sure it does not cover the hub; it should cover the tape up to the hub.

3. a. Center another strip of tape under the hub (sticky side up) just above the tape you placed on the wings, just above the clear, large square bandage.
   b. Wrap each side of the tape across the hub in a wide "V" (chevroned) shape and tape onto the dressing.

4. Place a third strip of tape over the hub on top of the "V" shaped strip.

**Flushing the Catheter**

If you are caring for your catheter, you will be taught the right way to flush your catheter.

Your catheter should be flushed ____________________________________________________.

It should be flushed with ________________________________________________________.
Patient Name: ________________________________________________________________
Your (patient’s) Phone Number: __________________________________________________
Primary Doctor’s Name: _________________________________________________________
Primary Doctor’s Phone Number: ________________________________________________
IV Nurse Name: ________________________________________________________________
IV Nurse Phone Number: _________________________________________________________
Hospital: _______________________________________________________________________
Hospital Phone Number: _________________________________________________________
Home Care Agency: _____________________________________________________________
Home Care Agency Phone Number: _______________________________________________
Date Inserted: __________________________________________________________________
Inserted By: ______________________________________________________________________
Catheter Lot Number: _____________________________________________________________
Catheter Length (after trimming): _______ cm        French Size    2   3   4   5   6
Your catheter was threaded approximately ______________ cm
into the __________________________ arm/________ vein.
By external measurement, the tip of the catheter is in the __________________________
Your doctor may request an x-ray to check the exact location of the tip of the catheter.
X-Ray Done    Yes    No
You will be receiving the following medications through your catheter.
_______________________________________________________________________________
_______________________________________________________________________________
_______________________________________________________________________________
_______________________________________________________________________________
_______________________________________________________________________________
_______________________________________________________________________________
Catheter Maintenance Schedule

Directions: List the date below and check off the action performed.

<table>
<thead>
<tr>
<th>Date</th>
<th>Catheter Bandage Change</th>
<th>Extension Tubing Change</th>
<th>Injection Cap Change</th>
<th>Flushing Amount</th>
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Catheter Problems

You may notice a small red bump at the place where your catheter was inserted. This is normal; however, you should feel no pain or see any drainage after the first bandage change.

Call your doctor or nurse right away if you notice:

1. A lot of bleeding or drainage where the catheter comes out of your arm.
2. Redness or swelling where the catheter comes out of your arm.
3. Pain, soreness or swelling of the arm with the catheter.
4. Pain or discomfort when IV solution fluids are put into (infused) your catheter.
5. Chest pain or discomfort while your catheter is in place.
6. Catheter movement either in or out of its place in your arm.
7. If you have a catheter leak or accidentally break or damage the catheter, tightly close the catheter between the break or leak and where the catheter comes out of your arm. If your catheter has a clamp, immediately close the clamp on the catheter between the break or leak and where the catheter comes out of your arm. If your catheter does not have a clamp, fold the catheter between the insertion site and the damaged area and tape it together.

WARNING! Any of these changes in or around your catheter could be very serious. You should contact your doctor or nurse immediately if any problems like those described above occur.
Patient Information Card

When cleaning around your catheter:
- Follow all instructions you are given by your hospital or home health facility.
- Use povidone iodine and alcohol to clean around the catheter.
- Allow all cleaning materials and antiseptics to dry completely before putting on a clean bandage.

Catheter Maintenance
- Flush the catheter with heparinized saline every 12 hours or after each use. Follow the instructions of your nurse for the exact amount.

Please fill this card out and keep on your person at all times

Patient's Name ________________________________________
Doctor __________________________________________________
Doctor's Phone No. (        ) ____________________________
Date of Insertion ________________________________________
Catheter Product Code ________________________________

Home Healthcare Agency ________________________________
Agency Phone No. (        ) ______________________________

Bard Access Systems
5425 West Amelia Earhart Drive
Salt Lake City, UT USA 84116 801-595-0700
Clinical Hotline: 1-800-443-3385 Ordering: 1-800-545-0890
www.bardaccess.com

Important: Please fill out the patient information card and separate from booklet. Fold on the crease provided and keep on your person at all times. Note: See other side for special instructions for care and maintenance.