

# Back

## Back Injuries: Definitions, Signs and Symptoms

### Ligament Instability/Sprain:

Ligament is stretched or torn decreasing the strength of the joint. Pain over ligaments; joint stiffness and decrease in range of motion.

### Muscle Spasm/Soreness:

Muscle contraction resulting in diffuse pain. Muscle contraction and pain either at specific points or over a large area.

# TRUFIT®

## Protection Levels

- S Standard:** Designed to provide light support during activities, as well as everyday use, and can be worn over an extended period of time.
- A Advanced:** Designed to provide moderate support during activities and should be worn as needed.
- P Premium:** Designed to provide advanced support during activities and not intended to be worn for an extended period of time, but removed after an activity.
- AM Antimicrobial:** Tru-Fit® Antimicrobial Supports with Gel Cushion inhibits bacterial growth on all layers of the support. This antimicrobial treatment reduces odor caused by bacteria.



## Find Your Injury

\*This information is not intended to be a substitute for professional medical advice, diagnosis or treatment. Always seek the advice of your physician with any questions or concerns.

## Back

	Ligament Instability/Sprain	Muscle Spasm/Soreness	Antimicrobial	Item#	Size
Waist Trimmer		S		483739	ONE SIZE
Contoured Back Support		S		483744	ONE SIZE
Back Support with Magnets		A		483205	ONE SIZE
Breathable Contoured Back Support		A		483773	ONE SIZE
Industrial Back Work Belt	A	A		483774	ONE SIZE
Multi-Purpose Back Support	A	A		483776	ONE SIZE
Dual-Adjustable Back Support		A		483777	ONE SIZE
Contoured Back Support		A		483800	ONE SIZE
Dual Adjustable Back Support		A		483801	ONE SIZE
Deluxe Back Stabilizer	P	P		483017-8	SM/MD - LG/XL
Antimicrobial Back Brace	AM	AM	AM	483638	ONE SIZE

\*Please follow usage instructions on Tru-Fit® packages

# Back

## STANDARD



### Waist Trimmer - Black

- ▶ Helps reduce unwanted inches around the waist
- ▶ Helps provide support to lower back
- ▶ Provides soothing warmth
- ▶ Neoprene blend\*\*

483739: Waist Trimmer **ONE SIZE**



**ONE SIZE**

## STANDARD



### Contoured Back Support - Black

- ▶ Helps reduce unwanted inches around the waist
- ▶ Helps provide support to lower back
- ▶ Terry lining allows for maximum comfort
- ▶ Provides soothing warmth
- ▶ Neoprene blend\*\*

483744: Contoured Back Support **ONE SIZE**



**ONE SIZE**

# Back

## ADVANCED



### Back Support with Magnets

- ▶ Can be worn discreetly under clothing
- ▶ Lightweight, comfortable and adjustable
- ▶ Removable magnets

483205: Back Support with Magnets **ONE SIZE**



**ONE SIZE**

## ADVANCED



### Breathable Contoured Back Support - Black

- ▶ Provides compression, support & stability
- ▶ Neoprene blend provides soothing warmth
- ▶ Moisture wicking, aerated neoprene helps keep skin drier
- ▶ Neoprene blend\*\*

483773: Breathable Contoured Back Support **ONE SIZE**



**ONE SIZE**

## ADVANCED



### Industrial Work Belt

- ▶ Rigid stays for greater support
- ▶ Contoured design for comfort
- ▶ Removable suspenders

483774: Industrial Work Belt **ONE SIZE**



**ONE SIZE**



# Back

## ADVANCED



### Multi-Purpose Back Support - Black

- ▶ Rigid stays for maximum support
- ▶ Dual adjustable straps for a custom fit
- ▶ Breathable material for comfort
- ▶ Neoprene blend\*\*

483776: Multi-Purpose  
Back Support **ONE SIZE**



**ONE SIZE**

## ADVANCED



### Dual-Adjustable Back Support - Black

- ▶ Dual adjustable straps for a custom fit
- ▶ Provides comfortable support to lower back
- ▶ Contoured design for comfort
- ▶ Neoprene blend\*\*

483777: Dual-Adjustable  
Back Support **ONE SIZE**



**ONE SIZE**

# Back

## ADVANCED

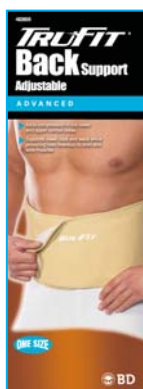


ONE SIZE

### Contoured Back Support - Beige

- ▶ Adds compression in the lower and upper lumbar areas
- ▶ Supports lower back and waist while providing heat retention to tired and sore muscles
- ▶ Neoprene blend\*\*

483800: Contoured Back Support **ONE SIZE**



## ADVANCED



ONE SIZE

### Dual Adjustable Back Support - Beige

- ▶ Dual adjustable straps for a custom fit
- ▶ Provides comfortable support to lower back
- ▶ Contoured design for comfort
- ▶ Neoprene blend\*\*

483801: Dual Adjustable Back Support **ONE SIZE**



# Back

## PREMIUM



## Deluxe Back Stabilizer

- ▶ Helps alleviate pain and discomfort
- ▶ Dual strap system stabilizes lower back and supports abdominal muscles
- ▶ Metal stays for additional support
- ▶ Lumbar pad is designed for added support
- ▶ Coolmax® lining transports excessive perspiration away from body
- ▶ Neoprene blend\*\*



483017: Deluxe Back Stabilizer **SM/MD**



483018: Deluxe Back Stabilizer **LG/XL**



## ANTIMICROBIAL BRACES

*Tru-Fit® Antimicrobial Supports with Gel Cushion inhibits bacterial growth on all layers of the support. This antimicrobial treatment reduces odor caused by bacteria.*

### Back Brace - Black

- ▶ Antimicrobial treatment inhibits growth of bacteria  
*The antimicrobial treatment is intended to protect the brace and does not extend protection to the skin*
- ▶ Lightweight brace with dual adjustable straps for a custom fit
- ▶ Rigid stays for support and stability to the back
- ▶ Neoprene blend\*\*

483638: Back Brace  
**ONE SIZE**



## ANTIMICROBIAL



\*Please follow usage instructions on Tru-Fit® packages.

\*\*Neoprene blend provides compression, support and heat retention which improves circulation and helps promote healing.

Coolmax is a trademark of Invista North America S.A.R.L.