

Elbow

Elbow Injuries: Definitions, Signs and Symptoms

Elbow Tendinitis: (Little League Elbow, Golfer's Elbow, Tennis Elbow): Inflammation of either the flexor or extensor tendons of the forearm. Pain over either tendon resulting from repetitive wrist/elbow actions such as golf, tennis, and baseball; overuse injury.

General Soreness: Pain as a result of overuse or chronic injury. Diffuse pain around affected area.

Swelling/Bursitis: Collection of effusion in or around joint or inflammation of the bursa sack in joint. Palpable fluid around joint that can be painful.

TRUFIT®

Protection Levels

- S Standard:** Designed to provide light support during activities, as well as everyday use, and can be worn over an extended period of time.
- A Advanced:** Designed to provide moderate support during activities and should be worn as needed.
- P Premium:** Designed to provide advanced support during activities and not intended to be worn for an extended period of time, but removed after an activity.
- AM Antimicrobial:** Tru-Fit® Antimicrobial Supports with Gel Cushion inhibits bacterial growth on all layers of the support. This antimicrobial treatment reduces odor caused by bacteria.



Find Your Injury

*This information is not intended to be a substitute for professional medical advice, diagnosis or treatment. Always seek the advice of your physician with any questions or concerns.

Elbow

	Elbow Tendinitis (Little League Elbow, Golfer's Elbow, Tennis Elbow)	General Soreness	Swelling/Bursitis	Antimicrobial	Item#	Size
Wrist/Tennis Elbow Support	S				483727	ONE SIZE
Elbow Support		S			483728	ONE SIZE
Wrist/Tennis Elbow Support	S				483746	ONE SIZE
Elasto-Preene® Elbow Support		S	S		488401-2	SM/MD-LG/XL
Tennis Elbow Support	A				483070	ONE SIZE
Elbow Support with Magnets		A			483201	ONE SIZE
Breathable Wrist/Tennis Elbow Support	A				483754	ONE SIZE
Breathable Elbow Support		A			483755	ONE SIZE
Elbow Support - Beige		A			483781	ONE SIZE
Deluxe Elbow with Terry Lining		A	A		486041-3	MD-XL
Elbow Strap	A				486842	ONE SIZE
Tennis Elbow Support	AM	AM		AM	483636-7	SM/MD-LG/XL

*Please follow usage instructions on Tru-Fit® packages

Elbow

Wrist/Tennis Elbow Support - Black

- Provides compression to the wrist or elbow
- Provides heat retention, which improves circulation and helps promote healing
- Multi-purpose support
- Neoprene blend**

483727: Wrist/Tennis
Elbow Support **ONE SIZE**



STANDARD



STANDARD



STANDARD



Elbow Support - Black

- Provides support & compression
- Provides heat retention, which improves circulation and helps promote healing
- Adjustable support allows for a custom fit
- Neoprene blend**

483728: Elbow Support
ONE SIZE



Wrist/Tennis Elbow Support - Black

- Designed to help relieve pain from wrist or elbow strain
- Adjustable for custom fit
- Neoprene blend**

483746: Wrist/Tennis
Elbow Support **ONE SIZE**



Elbow

STANDARD



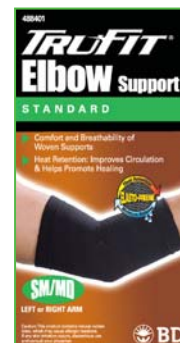
Elasto-Preene® Elbow Support - Black

- Comfort and breathability of woven supports
- Heat Retention: Improves circulation and helps promote healing
- Neoprene blend**

488401: Elasto-Preene Elbow Support **SM/MD**



488402: Elasto-Preene Elbow Support **LG/XL**



Elbow

ADVANCED



ONE SIZE

Tennis Elbow Support - Black

- ▶ Air cushion provides targeted compression
- ▶ Helps to relieve tendonitis pain & elbow strain
- ▶ Adjustable for custom fit

483070: Tennis Elbow Support
ONE SIZE



ADVANCED



ONE SIZE

Elbow Support with Magnets - Black

- ▶ Adjustable for custom fit
- ▶ Multi-purpose support
- ▶ Neoprene blend**

483201: Elbow Support with Magnets
ONE SIZE



Elbow

ADVANCED



Breathable Wrist/Tennis Support - Black

- ▶ **Moisture wicking, aerated neoprene helps keep your skin drier**
- ▶ Provides compression and heat retention, which improves circulation and helps promote healing
- ▶ Multi-purpose support
- ▶ Neoprene blend**

483754: Breathable Wrist/Tennis Support **ONE SIZE**



ONE SIZE



ADVANCED



Breathable Elbow Support - Black

- ▶ **Moisture wicking, aerated neoprene helps keep your skin drier**
- ▶ Provides support and compression
- ▶ Provides heat retention, which aids circulation and helps promote healing
- ▶ Neoprene blend**

483755: Breathable Elbow Support **ONE SIZE**



ONE SIZE



ADVANCED



Elbow Support - Beige

- ▶ Provides compression and heat retention, which improves circulation and helps promote healing
- ▶ Multi-purpose support
- ▶ Neoprene blend**

483781: Elbow Support **ONE SIZE**



ONE SIZE



Elbow

Deluxe Elbow with Terry Lining - Black

- ▶ Provides support and compression
- ▶ Plush, terry lining
- ▶ Provides heat retention which improves circulation and helps promote healing
- ▶ Neoprene blend**

486041:
Deluxe Elbow with
Terry Lining **MD**



486042:
Deluxe Elbow with
Terry Lining **LG**



486043:
Deluxe Elbow with
Terry Lining **XL**



ADVANCED



Elbow Strap - Black

- ▶ Helps relieve pain associated with tennis elbow and golfer's elbow
- ▶ Allows for full mobility
- ▶ Plush terry lining allows for maximum comfort
- ▶ Neoprene blend**

486842: Elbow Strap
ONE SIZE



ONE SIZE



ANTIMICROBIAL BRACES WITH GEL SUPPORT

Tru-Fit® Antimicrobial Supports with Gel Cushion inhibits bacterial growth on all layers of the support. This antimicrobial treatment reduces odor caused by bacteria.

ANTIMICROBIAL



Tennis Elbow Brace - Charcoal

- ▶ Antimicrobial treatment inhibits growth of bacteria
The antimicrobial treatment is intended to protect the brace and does not extend protection to the skin
- ▶ Reduces odor caused by bacteria
- ▶ Helps relieve pain associated with tennis elbow and golfer's elbow
- ▶ Adjustable gel strap to alleviate stress to the elbow tendons

483636: Tennis Elbow
Support **SM/MD**



483637: Tennis Elbow
Support **LG/XL**

