

Knee

Knee Injuries: Definitions, Signs and Symptoms

Bursitis/Swelling: Collection of fluid in and/or around joint or inflammation of the bursa sack in joint. Palpable fluid around joint that can be painful.

Chondromalacia Patella: Softening and deterioration of the articular cartilage on the underside of patella. Tenderness around patella with or without swelling. Dull ache in the center of knee.

Contusion: Bruise, pain and/or discoloration.

General Soreness: Pain as a result of overuse or chronic injury. Diffuse pain around the affected area.

Ligament Sprain/Instability: Ligament is stretched or torn decreasing the strength of the joint. Pain over ligament, joint, stiffness and decrease in range of motion.

Meniscus Tear: (Minor type) Tear in the meniscus (cartilage) of the knee. Diffuse pain along joint line. Clicking or locking of knee.

Patella Femoral Pain Syndrome: Injuries resulting in tracking problems of the patella. Pain around kneecap resulting from activity such as running, stairs, or excessive knee movement. Overuse injury.

Patella Tendinitis (Jumper's Knee): Inflammation of the tendon connecting the patella to the tibia (lower leg). Pain concentrated over patella tendon; increases with athletic activities. Overuse injury.

Quadriceps Tendinitis: Inflammation of the tendon connecting the quadriceps to the patella. Pain concentrated over quadriceps tendon; increases with athletic activities. Overuse injury.

TRUFIT®

Protection Levels

- S Standard:** Designed to provide light support during activities, as well as everyday use, and can be worn over an extended period of time.
- A Advanced:** Designed to provide moderate support during activities and should be worn as needed.
- P Premium:** Designed to provide advanced support during activities and not intended to be worn for an extended period of time, but removed after an activity.
- AM Antimicrobial:** Tru-Fit® Antimicrobial Supports with Gel Cushion inhibits bacterial growth on all layers of the support. This antimicrobial treatment reduces odor caused by bacteria.

Find Your Injury

*This information is not intended to be a substitute for professional medical advice, diagnosis or treatment. Always seek the advice of your physician with any questions or concerns.

Knee

	Bursitis/Swelling	Chondromalacia Patella	Contusion	General Soreness	Ligament Sprain/Instability	Meniscus Tear	Patella Femoral Pain Syndrome	Patella Tendinitis	Quadriceps Tendinitis	Antimicrobial	Item#	Size
Closed Patella Knee Support	S	S	S								483736	ONE SIZE
Open Patella Knee Support			S			S		S			483737	ONE SIZE
Knee Support			S			S		S			483748	ONE SIZE
Padded Knee Support		S	S								483750	ONE SIZE
Open Patella Knee Support			S			S		S			483794	ONE SIZE
Knee Support	S	S	S								486085-7,9	SM - XL
Open Patella Knee Support			S			S		S			486107-10	SM - XL
Elasto-Prene® Knee Support	S		S								488407-8	SM/MD -LG/XL
Open Patella Knee Support with Magnets			A			A		A			483204	ONE SIZE
Knee Stabilizer with Straps				A	A						483742	ONE SIZE
Knee Support	A	A	A								483766	ONE SIZE
Open Patella Knee Support			A			A		A			483767	ONE SIZE
Knee Stabilizer				A	A						483771	ONE SIZE
Knee Stabilizer with Straps				A	A						483772	ONE SIZE
Neoprene Knee Pad		A	A								486111-4	SM - XL
Open Patella Knee Support with Terry Lining			A			A		A			486173-6	SM - XL
Knee Stabilizer with Metal Hinges			A	A							486185-8	SM - XL
Knee Strap	A						A				486843	ONE SIZE
Knee Stabilizer with Hinges				P	P						483011-12	LG-XL
Knee Stabilizer with Metal Stays		P		P	P	P	P				483049-52	SM-XL
Knee Stabilizer with Hinges				P	P						483053-6	SM-XL
PRO-Hinged Knee Brace			P	P					P		483057-60	MD-XXL
Elite Hinged Knee Brace			P	P					P		483061-64	MD-XXL
Lateral Knee Brace with Metal Stays				P	P	P					486220-2	MD-XL
Antimicrobial Open Patella Knee Support			AM			AM		AM	AM		483627-8	SM/MD -LG/XL
Antimicrobial Knee Support w/Side Stabilizers				AM	AM				AM		483629-30	SM/MD -LG/XL

*Please follow usage instructions on Tru-Fit® packages

Knee

STANDARD



ONE SIZE

Closed Patella Knee Support - Black

- Features patented 3-strap system to provide a comfortable and secure fit
- Heat Retention: Improves circulation and helps promote healing
- Neoprene blend**

483736: Closed Patella
Knee Support ONE SIZE



STANDARD



ONE SIZE

Open Patella Knee Support - Black

- Features patented 3-strap system to provide a comfortable and secure fit
- Heat Retention: Improves circulation and helps promote healing
- Neoprene blend**

483737 Open Patella
Knee Support ONE SIZE



Knee

Knee Support - Black

- Features patented 3-strap system to provide a comfortable and secure fit
- Heat retention: Helps improve circulation and promote healing
- Adjustable for custom fit
- Neoprene blend**

483748: Knee Support
ONE SIZE



STANDARD



ONE SIZE

Padded Knee Support - Black

- Features patented 3-strap system to provide a comfortable and secure fit
- Additional padding provides extra protection
- Closed patella design provides compression and support to kneecap area
- Neoprene blend**

483750: Padded
Knee Support ONE SIZE



STANDARD



ONE SIZE

Open Patella Knee Support - Beige

- Features patented 3-strap system to provide a comfortable and secure fit
- Heat retention: Helps improve circulation and promote healing
- Adjustable for custom fit
- Neoprene blend**

483794: Open Patella
Knee Support ONE SIZE



STANDARD



ONE SIZE

*Please follow usage instructions on Tru-Fit® packages.

**Neoprene blend provides compression, support and heat retention which improves circulation and helps promote healing.

Knee

STANDARD



Closed Patella Knee Support - Black

- ▶ Closed patella design provides compression and support to knee joint
- ▶ Heat Retention: Improves circulation and helps promote healing
- ▶ Helps protect against impacts and abrasions
- ▶ Neoprene blend**

486085: Closed Patella
Knee Support **SM**



486086: Closed Patella
Knee Support **MD**



486087: Closed Patella
Knee Support **LG**



486089: Closed Patella
Knee Support **XL**



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**Neoprene blend provides compression, support and heat retention which improves circulation and helps promote healing.

Knee

STANDARD



Open Patella Knee Support - Black

- Provides support and compression
- Retains body heat for increased circulation
- Open patella design helps relieve pressure on and around kneecap area
- Neoprene blend**

486107: Open Patella
Knee Support **SM**



486109: Open Patella
Knee Support **LG**



486108: Open Patella Knee
Support **MD**



486110: Open Patella
Knee Support **XL**



STANDARD



Elasto-Preene® Knee Support - Black

- Comfort and breathability of woven supports
- Heat Retention: Improves circulation and helps promote healing
- Neoprene blend**

488407: Elasto-Preene®
Knee Support **SM/MD**



488408: Elasto-Preene®
Knee Support **LG/XL**



Knee

ADVANCED



Open Patella Knee Support with Magnets - Black

- ▶ Adjustable for custom fit
- ▶ Can be worn with or without magnets
- ▶ Includes 2 magnetic disks
- ▶ Neoprene blend**

483204: Open Patella Knee Support with Magnets (2 large disks) **ONE SIZE**



ONE SIZE

ADVANCED



Knee Stabilizer with Straps - Black

- ▶ Features patented 3-strap system
- ▶ Adjustable straps provide a more comfortable and secure fit
- ▶ Heat Retention: Retains body heat for increased circulation
- ▶ Neoprene blend**

483742: Knee Stabilizer with Straps **ONE SIZE**



ONE SIZE

ADVANCED



Breathable Knee Support - Black

- ▶ *Moisture wicking, aerated neoprene helps keep skin drier*
- ▶ Features patented 3-strap system to provide a comfortable and secure fit
- ▶ Heat Retention: Improves circulation and helps promote healing
- ▶ Neoprene blend**

483766: Breathable Knee Support **ONE SIZE**



ONE SIZE

*Please follow usage instructions on Tru-Fit® packages.

**Neoprene blend provides compression, support and heat retention which improves circulation and helps promote healing.

Knee

ADVANCED



Breathable Open Patella Knee Support - Black

- ▶ **Moisture wicking, aerated neoprene helps keep skin drier**
- ▶ Features patented 3-strap system to provide a comfortable and secure fit
- ▶ Heat Retention: Improves circulation and helps promote healing
- ▶ Neoprene blend**

483767: Breathable Open Patella Knee Support **ONE SIZE**



ONE SIZE

ADVANCED



Breathable Open Patella Knee Stabilizer - Black

- ▶ **Moisture wicking, aerated neoprene helps keep skin drier**
- ▶ Features patented 3-strap system to provide a comfortable and secure fit
- ▶ Open patella design helps relieve pressure on and around kneecap area
- ▶ Spiral metal stays provide additional support
- ▶ Neoprene blend**

483771: Breathable Open Patella Knee Stabilizer **ONE SIZE**



ONE SIZE

ADVANCED



Breathable Open Patella Knee Stabilizer with Straps - Black

- ▶ **Moisture wicking, aerated neoprene helps keep skin drier**
- ▶ Features patented 3-strap system to provide a comfortable and secure fit
- ▶ Open patella design helps relieve pressure on and around kneecap area
- ▶ Spiral metal stays provide additional support
- ▶ Neoprene blend**

483772: Breathable Open Patella Knee Stabilizer w/Straps **ONE SIZE**



ONE SIZE

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**Neoprene blend provides compression, support and heat retention which improves circulation and helps promote healing.

Knee

ADVANCED



486111: Padded Knee Support **SM**



Padded Knee Support - Black

- ▶ Additional padding provides extra protection
- ▶ Closed patella design provides compression and support to kneecap area
- ▶ Heat Retention: improves circulation and helps promote healing
- ▶ Neoprene blend**

486112: Padded Knee Support **MD**



486113: Padded Knee Support **LG**



486114: Padded Knee Support **XL**



ADVANCED



486173: Open Patella Knee Support with Terry Lining **SM**



Open Patella Knee Support with Terry Lining - Black

- ▶ Provides support and compression
- ▶ Additional neoprene blend patch around the kneecap provides extra protection
- ▶ Retains body heat for increased circulation
- ▶ Neoprene blend**

486174: Open Patella Knee Support with Terry Lining **MD**



486175: Open Patella Knee Support with Terry Lining **LG**



486176: Open Patella Knee Support with Terry Lining **XL**



Knee

ADVANCED



Knee Support with Hinges - Black

- ▶ Dual hinges help to provide medial and lateral stability
- ▶ Open patella design helps relieve pressure on and around kneecap area
- ▶ Plush terry lining allows for maximum comfort
- ▶ Neoprene blend**

486185: Knee Support with Hinges **SM**



486186: Knee Support with Hinges **MD**



486187: Knee Support with Hinges **LG**



486188: Knee Support with Hinges **XL**



Knee Strap - Black

- ▶ Use to help relieve knee pain associated with:
 - Runner's knee, Jumper's knee (Patella tendinitis)
 - Improper tracking or alignment of kneecap
 - Chondromalacia Patella
- ▶ Neoprene blend**

486843: Knee Strap
ONE SIZE



ONE SIZE



ADVANCED



Knee

PREMIUM



Knee Stabilizer with Hinges - Blue

- ▶ Dual hinges help provide medial and lateral stability
- ▶ Hinges with comfort pads provide lateral support
- ▶ Seamless back for greater comfort and range of motion
- ▶ Circular buttress with additional padding provides patella support
- ▶ Coolmax® lining transports excessive perspiration away from the body
- ▶ Neoprene blend**

483011: Knee Stabilizer with Hinges **LG**



483012: Knee Stabilizer with Hinges **XL**



PREMIUM



Knee Stabilizer with Spiral Stays - Black

- ▶ Spiral metal stays provide additional support
- ▶ Circular buttress with additional padding provides patella support
- ▶ Seamless back for greater comfort and range of motion
- ▶ Coolmax® lining transports excessive perspiration away from the body
- ▶ Aerated neoprene to release excess heat & moisture
- ▶ Neoprene blend**

483049: Knee Stabilizer with Spiral Stays **SM**



483050: Knee Stabilizer with Spiral Stays **MD**



483051: Knee Stabilizer with Spiral Stays **LG**



483052: Knee Stabilizer with Spiral Stays **XL**



PREMIUM



Knee Stabilizer with Hinges - Black

- ▶ Dual hinges help provide medial and lateral stability
- ▶ Seamless back for greater comfort and range of motion
- ▶ Circular buttress with additional padding provides patella support
- ▶ Coolmax® lining transports excessive perspiration away from the body
- ▶ Aerated neoprene to release excess heat & moisture
- ▶ Neoprene blend**

483053: Knee Stabilizer with Hinges **SM**



483054: Knee Stabilizer with Hinges **MD**



483055: Knee Stabilizer with Hinges **LG**



483056: Knee Stabilizer with Hinges **XL**



*Please follow usage instructions on Tru-Fit® packages.

**Neoprene blend provides compression, support and heat retention which improves circulation and helps promote healing.

Knee

PREMIUM



483057: PRO-Hinged
Knee Brace **MD**



PRO-Hinged Knee Brace - Black

- ▶ May help prevent ligament sprains and instability
- ▶ Bilateral Polycentric wide hinges provide improved knee protection
- ▶ Seamless, breathable back for superior comfort and range of motion
- ▶ **Antimicrobial** inhibits growth of odor-causing bacteria
The antimicrobial treatment is intended to protect the brace and does not extend protection to the skin

483058: PRO-Hinged
Knee Brace **LG**



483059: PRO-Hinged
Knee Brace **XL**



483060: PRO-Hinged
Knee Brace **XXL**



PREMIUM



483061: Elite Hinged
Knee Brace **MD**



Elite Hinged Knee Brace - Black

- ▶ May help prevent ligament sprains and instability
- ▶ Condyle pads with hyperextension stops help protect and stabilize the knee
- ▶ Seamless, breathable back for superior comfort and range of motion
- ▶ **Antimicrobial** inhibits growth of odor-causing bacteria
The antimicrobial treatment is intended to protect the brace and does not extend protection to the skin

483062: Elite Hinged
Knee Brace **LG**



483063: Elite Hinged
Knee Brace **XL**



483064: Elite Hinged
Knee Brace **XXL**



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Knee

PREMIUM



486220: Lateral Knee Stabilizer with Metal Stays **MD**



Lateral Knee Brace with Metal Stays - Black

- ▶ Spiral metal stays provide support to knee ligaments
- ▶ Adjustable straps help maintain proper position and provide additional stability
- ▶ Padded circular buttress provides patella support
- ▶ Coolmax® lining transports excessive perspiration away from the body
- ▶ Seamless back for superior comfort and range of motion
- ▶ Aerated neoprene to release excess heat & moisture
- ▶ Neoprene blend**

486221: Lateral Knee Stabilizer with Metal Stays **LG**



486222: Lateral Knee Stabilizer with Metal Stays **XL**



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Coolmax is a trademark of Invista North America S.A.R.L.

Knee

ANTIMICROBIAL BRACES WITH GEL SUPPORT

Tru-Fit® Antimicrobial Supports with Gel Cushion inhibits bacterial growth on all layers of the support. This antimicrobial treatment reduces odor caused by bacteria.

ANTIMICROBIAL



Open Patella Knee Support - Charcoal

- ▶ Antimicrobial treatment inhibits growth of bacteria
The antimicrobial treatment is intended to protect the brace and does not extend protection to the skin
- ▶ Reduces odor caused by bacteria
- ▶ Gel cushion is positioned around the knee for added comfort and support
- ▶ Neoprene blend**

483627: Open Patella
Knee Support **SM/MD**



483628: Open Patella
Knee Support **LG/XL**



ANTIMICROBIAL



Knee Support with Side Stabilizers - Charcoal

- ▶ Antimicrobial treatment inhibits growth of bacteria
The antimicrobial treatment is intended to protect the brace and does not extend protection to the skin
- ▶ Reduces odor caused by bacteria
- ▶ Gel cushion is positioned around the knee for added comfort and support
- ▶ Neoprene blend**

483629: Knee Support with
Side Stabilizers **SM/MD**



483630: Knee Support with
Side Stabilizers **LG/XL**



*Please follow usage instructions on Tru-Fit® packages.

**Neoprene blend provides compression, support and heat retention which improves circulation and helps promote healing.