

Wrist

Wrist Injuries: Definitions, Signs and Symptoms

Ligament Instability/Sprain: Ligament is stretched or torn decreasing the strength of the joint. Pain over ligament; joint stiffness and decrease in range of motion.

Muscle Strain: Excessive stretch or partial tear of muscle. Pain and/or stiffness of muscle; decrease in ability to stretch and contract properly.

Swelling: Collection of fluid in and/or around joint. Palpable fluid around joint that can be painful.

TRUFIT®

Protection Levels

- S Standard:** Designed to provide light support during activities, as well as everyday use, and can be worn over an extended period of time.
- A Advanced:** Designed to provide moderate support during activities and should be worn as needed.
- P Premium:** Designed to provide advanced support during activities and not intended to be worn for an extended period of time, but removed after an activity.
- AM Antimicrobial:** Tru-Fit® Antimicrobial Supports with Gel Cushion inhibits bacterial growth on all layers of the support. This antimicrobial treatment reduces odor caused by bacteria.

Find Your Injury

*This information is not intended to be a substitute for professional medical advice, diagnosis or treatment. Always seek the advice of your physician with any questions or concerns.

Wrist

		Ligament Instability/Sprain	Muscle Strain	Swelling	Antimicrobial	Item#	Size
Wrist/Tennis Elbow Support		S				483727	ONE SIZE
Wrist Wrap Support		S	S			483730	ONE SIZE
Wrist/Tennis Elbow Support		S				483746	ONE SIZE
Wrist/Tennis Elbow Support - Beige		S				483780	ONE SIZE
Wrist Support with Terry Lining		S				486051-3	MD-XL
Wrist Support with Magnets		A	A			483202	ONE SIZE
Wrist Brace with Splint - Left	A	A				483731	ONE SIZE
Wrist Brace with Splint - Right	A	A				483732	ONE SIZE
Wrist/Tennis Elbow Support		A				483754	ONE SIZE
Wrist Wrap		A	A			483758	ONE SIZE
Breathable Wrist Support with Splint - Left	A	A				483759	ONE SIZE
Breathable Wrist Support with Splint - Right	A	A				483760	ONE SIZE
Wrist Support with Splint - Left	A	A				483785	ONE SIZE
Wrist Support with Splint - Right	A	A				483786	ONE SIZE
Wrist Brace - Left	P	P				483019-20	SM/MD-LG/XL
Wrist Brace - Right	P	P				483021-2	SM/MD-LG/XL
Wrist Stabilizer - Left	P	P		P		483071	ONE SIZE
Wrist Stabilizer - Right	P	P		P		483072	ONE SIZE
Antimicrobial Wrist Support - Left	AM	AM		AM		483631-2	SM/MD-LG/XL
Antimicrobial Wrist Support - Right	AM	AM		AM		483633-4	SM/MD-LG/XL

*Please follow usage instructions on Tru-Fit® packages

Wrist

Wrist/Tennis Elbow Support - Black or Beige

- Provides compression to the wrist or elbow
- Provides heat retention, which improves circulation and helps promote healing
- Multi-purpose support
- Neoprene blend**

483727: Wrist/Tennis Elbow Support **ONE SIZE**



Black

483780: Wrist/Tennis Elbow Support **ONE SIZE**



Beige



STANDARD



STANDARD



Wrist Wrap Support - Black

- Provides compression and support
- Allows for variable tension
- Neoprene blend**

483730: Wrist Wrap Support **ONE SIZE**



ONE SIZE

Wrist

STANDARD



Wrist/Tennis Elbow Support - Black

- ▶ Designed to help relieve pain from wrist or elbow strain
- ▶ Adjustable for custom fit
- ▶ Neoprene blend**

483746: Wrist/Tennis Elbow Support **ONE SIZE**



ONE SIZE

STANDARD



Wrist Support with Terry Lining - Black

- ▶ Provides compression and support
- ▶ Allows for variable tension
- ▶ Plush terry lining
- ▶ Neoprene blend**

486051: Wrist Support with Terry Lining **MD**



486052: Wrist Support with Terry Lining **LG**



486053: Wrist Support with Terry Lining **XL**



Wrist

ADVANCED



Wrist Support with Magnets - Black

- ▶ Adjustable for custom fit
- ▶ Can be worn with or without magnets
- ▶ Neoprene blend**

483202: Wrist Support with Magnets **ONE SIZE**



ONE SIZE

ADVANCED



Wrist Support with Splint - Black

- ▶ Adjustable for custom fit
- ▶ Removable rigid splints for customized protection
- ▶ Heat retention: retains body heat for increased circulation
- ▶ Neoprene blend**

483731: Wrist Support with Splint **ONE SIZE**



Left

ONE SIZE

483732: Wrist Support with Splint **ONE SIZE**



Right

Wrist

ADVANCED



Breathable Wrist/Tennis Support - Black

- ▶ **Moisture wicking, aerated neoprene helps keep your skin drier**
- ▶ Provides compression and heat retention, which improves circulation and helps promote healing
- ▶ Multi-purpose support
- ▶ Neoprene blend**

483754: Breathable Wrist/Tennis Support **ONE SIZE**



3 82904 83754 9

ONE SIZE



ADVANCED



Wrist Support - Black

- ▶ Provides variable compression
- ▶ Heat Retention: Improves circulation and helps promote healing
- ▶ Adjustable support
- ▶ Neoprene blend**

483758: Wrist Support **ONE SIZE**



3 82904 83758 7

ONE SIZE



Wrist

ADVANCED



Breathable Wrist Support with Splint - Black

- ▶ **Moisture wicking, aerated neoprene helps keep your skin drier**
- ▶ Provides compression and support
- ▶ Removable Rigid splint aids in stability
- ▶ Neoprene blend**

483759: Breathable Wrist Support with Splint **ONE SIZE**



Left

483760: Breathable Wrist Support with Splint **ONE SIZE**



Right

ADVANCED



Wrist Support with Splint - Beige

- ▶ Adjustable for custom fit
- ▶ Removable Rigid splint aids in stability
- ▶ Neoprene blend**

483785: Wrist Support with Splint **ONE SIZE**



Left

483786: Wrist Support with Splint **ONE SIZE**



Right

Wrist

PREMIUM



Wrist Brace - Black/Royal Blue

- ▶ Adjustable for custom fit
- ▶ Contoured metal splints aid in stability and conform to wrist
- ▶ Removable metal splints for customized protection
- ▶ Coolmax® lining
- ▶ Neoprene blend**

483019: Wrist Brace
SM/MD - **LEFT**



483020: Wrist Brace
LG/XL - **LEFT**



483021: Wrist Brace
SM/MD - **RIGHT**



483022: Wrist Brace
LG/XL - **RIGHT**



PREMIUM



Wrist Stabilizer - Black

- ▶ Helps relieve Carpal Tunnel Syndrome
 - ▶ Provides support for weak or injured wrist
 - ▶ **Antimicrobial** inhibits growth of odor-causing bacteria
- The antimicrobial treatment is intended to protect the brace and does not extend protection to the skin*

483071: Wrist Stabilizer
ONE SIZE - **LEFT**



483072: Wrist Stabilizer
ONE SIZE - **RIGHT**



*Please follow usage instructions on TruFit® packages.

**Neoprene blend provides compression, support and heat retention which improves circulation and helps promote healing.

Coolmax is a trademark of Invista North America S.A.R.L.

Wrist

ANTIMICROBIAL BRACES WITH GEL SUPPORT

Tru-Fit® Antimicrobial Supports with Gel Cushion inhibits bacterial growth on all layers of the support. This antimicrobial treatment reduces odor caused by bacteria.

ANTIMICROBIAL



Wrist Brace - Charcoal

- ▶ Antimicrobial treatment inhibits growth of bacteria
The antimicrobial treatment is intended to protect the brace and does not extend protection to the skin
- ▶ Reduces odor caused by bacteria
- ▶ Gel cushion is positioned on palm for added comfort
- ▶ Contoured removable splints for stability and immobilization

483631: Wrist Brace

SM/MD - LEFT



483633: Wrist Brace

SM/MD - RIGHT



483632: Wrist Brace

LG/XL - LEFT



483634: Wrist Brace

LG/XL - RIGHT

